

 OCTOBER		8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 MOTOWN MOVIN 10:30 COLORING WITH A TWIST/ JEOPARDY 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 WHEEL OF FORTUNE 1:30 OCTOBER IQ 2:00 MUSIC WITH ANDY CORIDORI 3:00 ICE CREAM SUNDAES 3:30 BINGO / LADDER BALL 4:00 ADVICE TO YOUR YOUNGER SELF 5:00 TOP 5		1	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 SEATED YOGA 10:30 PUMPKIN FILL IN GAME/ WHAT AM I? 11:00 PRESTONWOOD DEVOTIONAL 11:30 HYMN SING 12:30 KAROKE & SING-ALONG 1:00 THE PRICE IS RIGHT 1:30 MOVE CHARACTER GUESS WHO? 2:00 BINGO/ BASKETBALL 3:30 ANGEL CATEGORIES 4:00 Pictionary 4:30 ADVERTISING SLOGANS QUIZ 5:00 MEMORIES & STORIES		2	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 HEALTHY HEARTS WORKOUT 10:30 CRAFTY CREATIONS/ POTLUCK QUIZ 11:00 WHERE AM I? GRACELAND 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 PATSY CLINE SING-ALONG 1:30 ZOOMED IN IMAGE QUIZ 2:00 BINGO/ BOWLING 3:30 WHOSE SMILE IS IT? 4:00 WHAT'S IN A NAME? 5:00 NAME THAT TUNE		3	4 PRESTONWOOD DEMENTIA CARE SUPPORT GROUP WILL MEET ON OCTOBER 13TH AT 11:30 AM	
5	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 GOOD MORNING STRETCHES 10:30 CRAFTY CREATIONS/WHO AM I? 11:00 LEGENDS OF THE MOON 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 CROSSWORD 1:30 WHAT AM I? DAYLIGHT SAVINGS 2:00 BINGO/ GOLF 3:30 GUEST SPOTLIGHT 4:00 MIXED UP MYSTERY 5:00 SPACE CATEGORIES	6	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 BODY BLAST 10:30 TABLETOP GAMES /WHO AM I? 11:00 WHAT AM I? SPAGHETTI O'S 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 JEOPARDY! 1:30 WACKY WORDIE 2:00 BINGO/ JUMBO DARTS 3:30 GUEST SPOTLIGHT 4:00 YOU BE THE JUDGE 5:00 EZ MUSIC	7	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 GOOD MORNING STRETCHES 10:30 COLORING WITH A TWIST/ TOP 5 11:00 HISTORY: GREAT CHICAGO FIRE 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 "ORANGE" TRIVIA 1:30 WHAT AM I? OCTOPUS 2:00 MUSIC WITH LIONEL & GLADYS 3:00 ICE CREAM SUNDAES 3:30 BINGO / CORNHOLE 4:00 HAIRSTYLES THROUGH HISTORY 5:00 FRUIT VS. VEGGIE: SUPREME COURT	8	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 LET'S GET MOVIN 10:30 TABLETOP GAMES/ JEOPARDY 11:00 PRESTONWOOD DEVOTIONAL 11:30 HYMN SING 12:30 KAROKE & SING-ALONG 1:00 WORD IN WORDS 1:30 MYSTERIES OF ANCIENT EGYPT 2:00 BINGO/ HORSESHOE 3:30 RIDDLES AND JOKES 4:00 WHAT TO BRING GAME? 4:30 OCTOBER IN HISTORY 5:00 WHOSE SMILE IS IT ANYWAY?	9	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 MOTOWN FITNESS 10:30 CRAFTS / NAME THAT TUNE 11:00 WHAT BUSINESS ARE THEY IN? 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 CROSSWORD PUZZLE 1:30 ARMCHAIR TRAVELS 2:00 BINGO/ AXE THROWING 3:30 EVENING YOGA 4:00 RIDDLES & JOKES 5:00 MEASURING UP GAME	10	11 PRESTONWOOD PARKINSON'S SUPPORT GROUP WILL MEET ON OCTOBER 28TH AT 5:30 PM	
12 OCTOBER BIRTHDAYS 10/01 LOUISE N. 10/03 SANDRA W. 10/07 CHRIS D. 10/09 MIKE L. 10/19 JIM M. 10/15 BJ A. 10/20 CINDY W		13	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 LET'S MOVE 10:30 TABLETOP GAMES/ SHORT STORIES 11:00 SPAIN SLIDESHOW 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 PENGUIN TRIVIA 1:30 60'S MUSIC QUIZ 2:00 BINGO / WASHER PITCHIN' 3:30 INDIGENOUS PEOPLE'S DAY 4:00 HAWAII TRIVIA 5:00 CHARADES	14	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 HEALTH HEARTS 10:30 CRAFTY CREATIONS/ WHAT AM I? 11:00 ABBREVIATIONS QUIZ 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 LEGACY OF BOB HOPE 1:30 MLK'S NOBEL PEACE PRIZE 2:00 BINGO/ BUCKET PONG 3:30 MUSIC THERAPY WITH MADELYN 4:00 POTLUCK QUIZ 5:00 ANGEL CATEGORIES	15	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 SEATED YOGA 10:30 COLORING WITH A TWIST/WHAT AM I 11:00 WHAT'S THE VERDICT 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 CROSSWORD 1:30 CHANGE THE LAST LETTER 2:00 MOTOWN WITH AL JOHNSON 3:00 ICE CREAM SUNDAES 3:30 BINGO/ BOWLING 4:00 GUEST SPOTLIGHT 5:00 SHAKE UP THE RELATIVES	16	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 GOOD MORNING STRETCHES 10:30 CRAFTY CREATIONS /SITCOM TRIVIA 11:00 PRESTONWOOD DEVOTIONAL 11:30 HYMN SING 12:30 KAROKE & SING-ALONG 1:00 JEOPARDY! 1:30 WHAT AM I? PIZZA HUT 2:00 BINGO/ PUMPKIN BEAN BAG TOSS 3:30 SITCOM TRIVIA 4:00 WHAT AM I? SMOKE ALARM 4:30 FAMOUS BEARDED MEN 5:00 WHO WANTS TO BE A MILLIONAIRE	17	18 BREAKFAST 7:30-9:30 MIDDAY SNACK 10:30 LUNCH 12:00-1:00 AFTERNOON SNACK 3:00 	
19	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 ELVIS SEATED WORKOUT 10:30 TABLETOP GAMES/ TRIVIA 11:00 IT HAPPENED IN OCTOBER 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 MEMORABLE SLOGANS 1:30 WHO'S THAT CHEF 2:00 BINGO/ AXE THROWING 3:30 STORY OF MICKEY MANTLE 4:00 MEDITATION MINUTES 5:00 FINISH THE LYRICS	20	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 LETS GET MOVIN 10:30 CRAFTY CREATIONS / JEOPARDY 11:00 WHO AM I? OCTOBER BIRTHDAYS 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 YOU BE THE UMPIRE 1:30 BASES LOADED WITH LAUGHS 2:00 BINGO/ BASEBALL 3:30 FUTURISTIC TECHNOLOGIES 4:00 STAR OF THE MONTH 5:00 MEMORIES & STORIES	21	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 SEATED YOGA 10:30 COLORING WITH A TWIST/CHARADES 11:00 WHAT AM I? MACADAMIA NUT 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 COLORFUL INFLUENCES 1:30 ONE, ONE, OUT QUIZ 2:00 MUSIC WITH STEVIE J ROSE 3:00 ICE CREAM SUNDAES 3:30 BINGO/ BALLOON VOLLEYBALL 4:00 THINGS YOUR MOTHER TOLD YOU 5:00 FINISH THE WORDS	22	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 MOWTOWN GROVIN 10:30 TABLETOP GAMES / WHO AM I? 11:00 PRESTONWOOD DEVOTIONAL 11:30 HYMN SING 1:00 WORDS IN WORDS 1:30 WORLD GEOGRAPHY QUIZ 2:00 BINGO / MINI GOLF 3:30 DESSERT ALPHABET 4:00 MUSICAL HANGMAN 4:30 OCTOBER JEOPARDY 5:00 YES, I HAVE!	23	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 SEATED MOBILITY EXERCISE 10:30 CRAFTY CREATIONS / WHO AM I? 11:00 INCOHERENT GAME 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 CROSSWORD 1:30 THINK PINK GAME 2:00 MUSIC WITH NORRIS PERRY 3:30 BINGO / CORNHOLE 4:00 DAREDEVIL OF NIAGRA FALLS 5:00 BELIEVE IT OR NOT	24	25  October Lunch Menu	
26	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 SEATED MOBILITY EXERCISE 10:30 TABLETOP GAMES/ JEOPARDY 11:00 WHERE AM I? PEARL HARBOR 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 WORDS IN WORDS 1:30 OCTOBER TRIVIA 2:00 BINGO/ GHOST TOSS GAME 3:30 HALLOWEEN COSTUME PASS IT ON 4:00 SHORT STORIES 5:00 FACT OR FICTION	27	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 MOTWON MOVIN 10:30 CRAFTY CREATIONS / STORY WISE 11:00 YOU BE THE MECHANIC 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 MIXED UP MONSTER MOVIES 1:30 WHAT AM I? DUNKIN' DONUTS 2:00 BINGO/ BOCCE BALL 3:30 TO DO LIST HUMOR 4:00 WITCH WORD MATCH 5:00 MUSICAL HANGMAN	28	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 MOTWON MOVIN 10:30 CRAFTY CREATIONS / STORY WISE 11:00 WHO AM I? RICHARD DREYFUSS 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 THAT SPELLS CATASTROPHE GAME 1:30 HALLOWEEN QUIZ 2:00 MUSIC WITH TONY MACARONI 3:00 ICE CREAM SUNDAES 3:30 BINGO 4:00 MUSICAL HANGMAN 5:00 REMEMBERING HAYRIDES	29	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 MOTWON MOVIN 10:30 HALLOWEEN DICE / STORY WISE 11:00 PRESTONWOOD DEVOTIONAL 11:30 HYMN SING 12:30 KAROKE & SING-ALONG 1:00 HALLOWEEN QUIZZES 1:30 FAMOUS WITCH TRIVIA 2:00 BINGO/ PUMPKIN BEANBAG TOSS 3:30 DOUBLE "O" WORD GAME 4:00 REMEMBERING THE PUMPKIN PATCH 5:00 SPOOKY STORIES	30	8:00 COFFEE & PASTRIES 9:00 ON THIS DAY IN HISTORY 10:00 MOTWON MOVIN 10:30 CRAFTY CREATIONS / STORY WISE 11:00 NAME THE MONSTERS 11:30 DEVOTIONAL & HYMNS 12:30 KAROKE & SING-ALONG 1:00 HALLOWEEN & FALL QUIZ 1:30 HALLOWEEN WORD GAME 2:00 MONSTER MASH GAMES & PARTY 3:00 OCTOBER BIRTHDAY CELEBRATION! 3:30 MONSTER BINGO/ BROOM RACE 4:00 BOO! CAN YOU GUESS WHO? 5:00 BUZZ WORDS	31		